

October 10, 2016

Dear AmeriHealth Caritas DC Provider:

It is flu season! Accordingly, we want to remind you that your patients 6 months and older should get a flu vaccine each year. The Center for Disease Control (CDC) guidelines are included below. This flu season AmeriHealth Caritas DC members may go to their PCP or a pharmacy in our network with a photo ID and AmeriHealth Caritas DC ID card to receive a flu shot.

### **CDC Guidelines**

CDC's Advisory Committee on Immunization Practices (ACIP) voted for "universal" flu vaccination in the U.S. to expand protection against the flu for more people. While everyone should get a flu vaccine each flu season, it's especially important that the following groups get vaccinated either because they are at high risk of having serious flu-related complications or because they live with or care for people at high risk for developing flu-related complications:

- Pregnant women
- Children younger than 5, but especially children younger than 2 years old
- People 50 years of age and older
- People of any age with certain chronic medical conditions
- People who live in nursing homes and other long-term care facilities
- People who live with or care for those at high risk for complications from flu, including:
  - Health care workers
  - Household contacts of persons at high risk for complications from the flu
  - Household contacts and out of home caregivers of children less than 6 months of age (these children are too young to be vaccinated)

Outreach is being conducted to our members and we ask that you also spread the word to your patients. If you have any questions, please contact your Provider Account Executive or the Provider Services Department at 202-408-2237 or 1-888-656-2383.

Respectfully,



Lavdena Orr, MD  
Chief Network Medical Officer