

Healthcare Effectiveness Data and Information Set (HEDIS)[®]

Frequently Asked Questions

For more information or details, please visit the NCQA Web page: www.ncqa.org

What is the history of HEDIS?

The National Committee for Quality Assurance (NCQA) established a tool used to measure performance on important dimensions of care and service. These measures are commonly referred to as HEDIS. One HEDIS measure is to conduct a follow-up appointment within seven days of discharge from an inpatient hospitalization.

Can members hospitalized for a mental illness benefit from the HEDIS Follow-up After Hospitalization for Mental Illness (FUH) measure?

There is significant evidence that individuals who receive timely follow-up care after a psychiatric hospitalization are less likely to be readmitted as an inpatient. The evidence suggests that provides for a better continuity of care and results in better mental health outcomes. It adheres to the philosophy of least restrictive, least intrusive treatment necessary to adequately care for a member and to keep a member in the community whenever possible.

What does the HEDIS FUH measure?

HEDIS FUH examines two rates relating to follow-up visits following discharge from an inpatient stay. If a member has more than one discharge from a behavioral health acute hospitalization in the measurement period, each may qualify as a HEDIS FUH discharge for measurement. Specifically, the rates are:

- The percentage of members who received a follow-up visit (outpatient, intensive outpatient or partial hospitalization) with a **licensed** mental health clinician **within seven days of discharge** from an inpatient mental health hospitalization
- The percentage of members who received a follow-up visit (outpatient, intensive outpatient or partial hospitalization) with a **licensed** mental health clinician **within 30 days of discharge** from an inpatient mental health hospitalization

What is a qualifying mental health diagnosis for the HEDIS FUH measure?

The ICD-10-CM code family: F is included in the measure.

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What qualifies a discharge to be included in the HEDIS FUH denominator?

All of the following criteria must be met for the discharge to be included in the HEDIS FUH score.

- A. A qualifying mental health diagnosis (excluding substance abuse) on the claim for the hospitalization
- B. Discharge from an acute, inpatient setting with a principal mental health diagnosis was between January 1 and December 1 of the measurement year
- C. The patient is six years old or older on the date of discharge
- D. The patient was hospitalized for mental health treatment. This excludes substance abuse or a medical condition.
- E. The patient remained an AmeriHealth Caritas District of Columbia member for 30 continuous days after discharge

Who may provide a HEDIS FUH qualifying aftercare appointment?

A provider who renders mental health services and meets any of the following criteria:

- A. A medical doctor (M.D.) or doctor of osteopathy (D.O.) who is certified as a psychiatrist or child psychiatrist by the American Medical Specialties Board of Psychiatry and Neurology or by the American Osteopathic Board of Neurology and Psychiatry or, if not certified, who successfully completed an accredited program of graduate medical or osteopathic education in psychiatry or child psychiatry and is licensed to practice patient-care psychiatry or child psychiatry, if required by the state of practice
- B. An individual who is currently licensed as a psychologist in his/her state of practice
- C. An individual who is certified by the American Board of Examiners in Clinical Social Work, who is listed on the National Association of Social Worker's Clinical Register, or who has a master's degree in social work and is licensed or certified to practice as a social worker, if required by the state of practice
- D. A registered nurse (R.N.) who is certified by the American Nurses Credentialing Center (a subsidiary of the American Nurses Association) as a psychiatric nurse or mental health clinical nurse specialist, or who has a master's degree in nursing with a specialization in psychiatric/mental health and two years of supervised clinical experience and is licensed to practice as a psychiatric or mental health nurse, if required by the state of practice
- E. An individual (normally with a master's or doctoral degree in marital and family therapy and at least two years of supervised clinical experience) who is practicing as a marital and family therapist and is licensed or a certified counselor by the state of practice, or if licensure or certification is not required by the state of practice, who is eligible for clinical membership in the American Association for Marriage and Family Therapy
- F. An individual (normally with a master's or doctoral degree in counseling and at least two years of supervised clinical experience) who is practicing as a professional counselor and who is licensed or certified to do so by the state of practice, or if licensure or certification is not required by the state of practice, is a National Certified Counselor with a Specialty Certification in Clinical Mental Health Counseling from the National Board for Certified Counselors



AmeriHealth Caritas
District of Columbia

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What services qualify as a HEDIS FUH appointment and are covered by the member's Medicaid plan?

The following service codes qualify for HEDIS FUH and are covered by the member's plan, if they are provided by a mental health practitioner as defined above (please note that prior authorization requirements apply):

These codes with a behavioral health diagnosis:

CPT	HCPCS
Follow-up visits identified by the following CPT or HCPCS codes must be with a licensed mental health practitioner within seven and 30 days of discharge.	
98960-98962, 99078, 99201-99205, 99211-99215, 99217-99220, 99241-99245, 99341-99345, 99347-99350, 99383-99387, 99393-99397, 99401-99404, 99411, 99412, 99495, 99496, 99510	G0155, G0176, G0177, G0409-G0411, G0463, H0002, H0004, H0031, H0034-H0037, H0039, H0040, H2000, H2001, H2010-H2020, M0064, S0201, S9480, S9484, S9485, T1015

CPT		POS
Follow-up visits identified by the following CPT/POS codes must be with a licensed mental health practitioner.		
90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90867-90870, 90875, 90876	With	03, 05, 07, 09, 11, 12, 13, 14, 15, 20, 22, 24, 33, 49, 50, 52, 53, 71, 72
99221-99223, 99231-99233, 99238, 99239, 99251-99255	With	52, 53

What discharges are excluded from the HEDIS FUH measure?

The following situations are excluded from the HEDIS FUH measure:

- A. Members who are discharged to a residential setting, group home, skilled nursing facility, hospice, rehabilitation center, respite placement or intermediate-care facility within 30 days of discharge.
- B. Members who withdraw from the Medicaid program within 30 days of discharge.
- C. Members who are readmitted to any acute facility (medical or behavioral health) within 30 days of discharge.