

# Care When You Need It 24 HOURS A DAY, 7 DAYS A WEEK

**24/7 NURSE CALL LINE** 

CALL: 1-877-759-6279

24/7 TELEMEDICINE ACCESS

CALL: 1-855-879-4332 VISIT: www.relymd.com

**HOME VISITS FOR CARE** 

7:00 a.m. – 9:00 p.m., seven days a week CALL: 844-228-0154 VISIT: www.dispatchhealth.com 24/7 RIDES TO HEALTH CENTERS

CALL: 1-800-315-3485

Urgent care is an option for getting medical care quickly when it's not an emergency. If you are having a life-threatening emergency, call 911 or go to the nearest emergency room.



# **Stay home. Feel better.**

Enrollees can receive urgent medical care at home with AmeriHealth Caritas DC provider DispatchHealth.



#### **How DispatchHealth Works**

- **1** Book an appointment.
  - DispatchHealth is available seven days a week, including holidays, from 7:00 a.m. - 9:00 p.m. To schedule an appointment, call **844-228-0154** or book online at **www.dispatchhealth.com**. A representative will ask about your symptoms and give you a time frame for arrival, typically within three hours.
- **2** Receive expert medical care at home. Your DispatchHealth care team will arrive at your home with everything needed to treat your illness or injury.
- **3** Relax and recover.

DispatchHealth will call in any prescriptions you need, update your primary care provider, and handle billing. You can focus on rest and healing where you're most comfortable — at home.

DispatchHealth is an option for getting urgent care when it's not an emergency, and your primary care provider is not available.



# Get Medical Care **WHEREVER YOU ARE**

**RelyMD** is an AmeriHealth Caritas DC provider that offers access to healthcare professionals for urgent care, by phone or video chat. This service is available 24 hours a day, seven days a week. Please visit www.relymd.com for details.

#### **Enrollees can access RelyMD three ways:**

- 1. Use your RelyMD app on your mobile device.\*
- 2. Call RelyMD at 855-879-4332.
- 3. Visit www.relymd.com.

\*Message and data rates may apply based on any agreements enrollees have with their network service provider.

A provider will review the medical history you provide and contact you within minutes. The current average callback wait time is around 60 minutes or less.





#### **Common Conditions Treated by RelyMD**

- Allergies
- Bronchitis
- Constipation
- Cold/Flu
- Diarrhea
- Ear infection
- Fever
- Joint aches and pains Sore throat
- Skin inflammations

# The health centers in this brochure can provide the care you need within 24 hours when it is NOT AN EMERGENCY.

Some medical needs include:



A SPRAIN OR STRAIN



**A MILD FEVER** 



A CUT OR SCRAPE



A MILD HEADACHE



A SORE THROAT



**DIARRHEA** 



A COUGH OR COLD



**DIAPER RASH** 



**THROWING UP** 



PRESCRIPTION MEDICATION REFILLS



LICE, SCABIES, OR RINGWORM



A MILD ALLERGIC REACTION



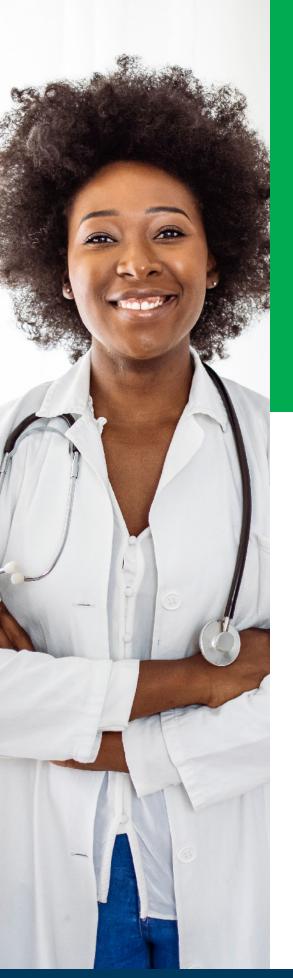
AN EARACHE



AN INSECT OR ANIMAL BITE



**A MINOR BURN** 



# These health centers offer same-day care without an appointment.

Call the Rapid Response Outreach Team at 1-877-759-6224 for help finding the health center closest to you or arranging a ride.

#### WARD 1

#### MedStar Health Urgent Care Adams Morgan

1805 Columbia Road NW Washington, DC 20009

Phone: 202-797-4960

Save time in the waiting room with online check-in.

## **HOURS:** Everyday

8:00 a.m. – 8:00 p.m.

https://www.medstarhealth. org/mhs/urgent-care/ adams-morgan/

#### WARD 2

GW Medical Faculty Associates Immediate and Primary Care McPherson Square

1101 15th Street NW Washington, DC 20005 **Phone: 202-798-0100** 

HOURS:

**Monday – Friday** 7:00 a.m. – 7:00 p.m.

Saturday

8:00 a.m. – 4:00 p.m.

Sunday Closed

https://gwdocs.com/ locations/immediateprimary-care-mcphersonsquare

#### WARD 3

GW Medical Faculty
Associates Immediate and
Primary Care
Cleveland Park

2902 Porter Street NW Washington, DC 20008 **Phone: 202-525-5287** 

**HOURS:** 

Monday – Friday 8:00 a.m. – 8:00 p.m. Saturday – Sunday 8:00 a.m. – 6:00 p.m.

https://gwdocs.com/ locations/immediateprimary-care-cleveland-park

#### WARD 4

## **District Urgent Care Petworth**

4903 Georgia Ave NW Washington, DC 20011 **Phone: 202-723-0393** 

**HOURS:** 

Monday – Saturday 9:00 a.m. – 6:00 p.m. Sunday Closed

https://www. districturgentcare.com/

#### WARD 5

GW Medical Faculty Associates Immediate and Primary Care Rhode Island Avenue

2350 Washington Place NE Suite 110N Washington, DC 20018

Phone: 202-544-7580

**HOURS:** 

Monday – Friday 8:00 a.m. – 8:00 p.m. Saturday – Sunday 8:00 a.m. – 6:00 p.m.

https://www.gwdocs. com/locations/immediateprimary-care-rhode-islandave-/

#### WARD 6

# MedStar Health Urgent Care Capitol Hill

228 7th Street SE Washington, DC 20003 **Phone: 202-698-0795** 

HOURS: Everyday

8:00 a.m. - 8:00 p.m.

https://www.medstarhealth. org/mhs/urgent-care/ capitol-hill/

#### WARD 7

#### **MBI Urgent Care**

5140 Nannie Helen Burroughs Ave NE Washington, DC 20019 **Phone: 202-984-7310** 

**HOURS:** Everyday

24 hours a day, 7 days a week <a href="https://mbiucdc.com/index">https://mbiucdc.com/index</a>.

<u>html</u>



# These health centers see **existing patients** for urgent medical needs.

Please call to schedule an appointment.

#### **FOR C3 CARE PATIENTS**

#### WARD 6

#### C3 Cares Greenleaf Primary Care

1200 Delaware Avenue SW, Unit #3

Washington, DC 20024 **Phone: 202-888-6440** 

HOURS: Monday

9:00 a.m. – 5:00 p.m.

**Wednesday** 9:00 a.m. – 5:00 p.m.

www.C3cares.com

#### WARD 7

#### **C3 Cares Benning Terrace**

641 46th Street SE, Unit #12 Washington, DC 20019 **Phone: 202-888-6440** 

HOURS:

Friday

9:00 a.m. – 5:00 p.m.

www.C3cares.com

#### WARD 8

#### **C3 Cares Highland Dwelling**

676 Atlantic Street SE Office #1

Washington, DC 20020

Phone: 202-888-6440

HOURS: Tuesday

9:00 a.m. – 5:00 p.m.

www.C3cares.com

 $\mathbf{6}$ 



#### **FOR CHILDREN'S PATIENTS**

#### WARD 5

### **Children's Health Center Adolescent Health Center**

111 Michigan Avenue NW Washington, DC 20010 **Phone: 202-476-5464** 

**HOURS:** 

Monday – Saturday 8:00 a.m. – 4:00 p.m. Sunday Closed

https://childrensnational. org/primary-care/hospitalcampus-adolescent

#### Children's Health Center Hospital

111 Michigan Avenue NW Washington, DC 20010 **Phone: 202-476-2123** 

**HOURS:** 

Monday – Saturday 8:00 a.m. – 4:00 p.m. Sunday

Closed

https://childrensnational. org/primary-care/hospitalcampus

#### WARD 8

### Children's Health Center THEARC

1901 Mississippi Avenue SE Washington, DC 20020

Phone: 202-436-3060

**HOURS:** 

Monday – Saturday 8:00 a.m. – 4:00 p.m. Sunday Closed

https://childrensnational.org/primary-care/thearc

#### Children's Health Center Anacostia

2101 Martin Luther King, Jr. Avenue SE Washington, DC 20020

Phone: 202-476-6900

**HOURS:** 

Monday – Saturday 8:00 a.m. – 4:00 p.m. Sunday

Closed

https://childrensnational.org/primary-care/anacostia

### FOR COMMUNITY OF HOPE PATIENTS

#### WARD 5

#### Community of Hope Family Health and Birth Center

2120 Bladensburg Road NE Washington, DC 20018 **Phone: 202-540-9857** 

HOURS:

Monday

8:30 a.m. – 5:00 p.m.

Tuesday

8:30 a.m. – 7:30 p.m.

Wednesday – Friday 8:30 a.m. – 5:00 p.m.

Saturday

9:00 a.m. – 3:30 p.m.

**Sunday** Closed

https://www. communityofhopedc.org/ healthcare/family-healthand-birth-center

#### WARD 8

### **Community of Hope Conway Health and Resource Center**

4 Atlantic Street SW Washington, DC 20032 **Phone: 202-540-9857** 

**HOURS:** 

Monday – Wednesday 8:30 a.m. – 5:00 p.m.

Thursday

8:30 a.m. – 7:00 p.m.

Friday

8:30 a.m. – 5:00 p.m.

Saturday

9:00 a.m. – 3:30 p.m.

**Sunday** Closed

https://www. communityofhopedc.org/ healthcare/conway-healthand-resource-center

#### **FOR MARY'S CENTER PATIENTS**

#### WARD 1

#### **Mary's Center Ontario Road**

2333 Ontario Road NW Washington, DC 20009 Phone: 202-483-8196

This location is offers appointments by telephone or video only. In-person visits are held at the Petworth (Georgia Avenue) location.

#### **HOURS:**

Monday – Friday 9:00 a.m. – 5:00 p.m. Saturday – Sunday Closed

https://www.maryscenter. org/contact-and-locations/ adams-morgan-dc

#### WARD 4

#### **Mary's Center Georgia Avenue**

3912 Georgia Avenue NW Washington, DC 20011 Phone: 202-483-8196

#### **HOURS:**

Monday - Friday 9:00 a.m. – 5:00 p.m. Saturday – Sunday Closed

https://www.maryscenter. org/contact-and-locations/ petworth-dc/

#### **FOR UNITY HEALTH CARE PATIENTS**

#### WARD 1

#### **Unity Health Care Upper Cardozo**

3020 14th Street NW Washington, DC 20009 Phone: 202-469-4699

Interpretation services available: Spanish and Amharic

#### **WALK-IN HOURS:**

Monday – Friday 8:00 a.m. - 9:00 p.m. Saturday 8:00 a.m. - 2:00 p.m. Sunday Closed

https://www.unityhealthcare. org/

#### WARD 5

#### **Unity Health Care Brentwood**

1251-B Saratoga Avenue NE Washington, DC 20018 Phone: 202-469-4699

#### **WALK-IN HOURS:**

Monday – Friday 8:00 a.m. - 9:00 p.m. Saturday 8:00 p.m. - 2:00 p.m. Sunday Closed

https://www.unityhealthcare. org/

#### WARD 7

#### **Unity Health Care Minnesota Avenue Health Center**

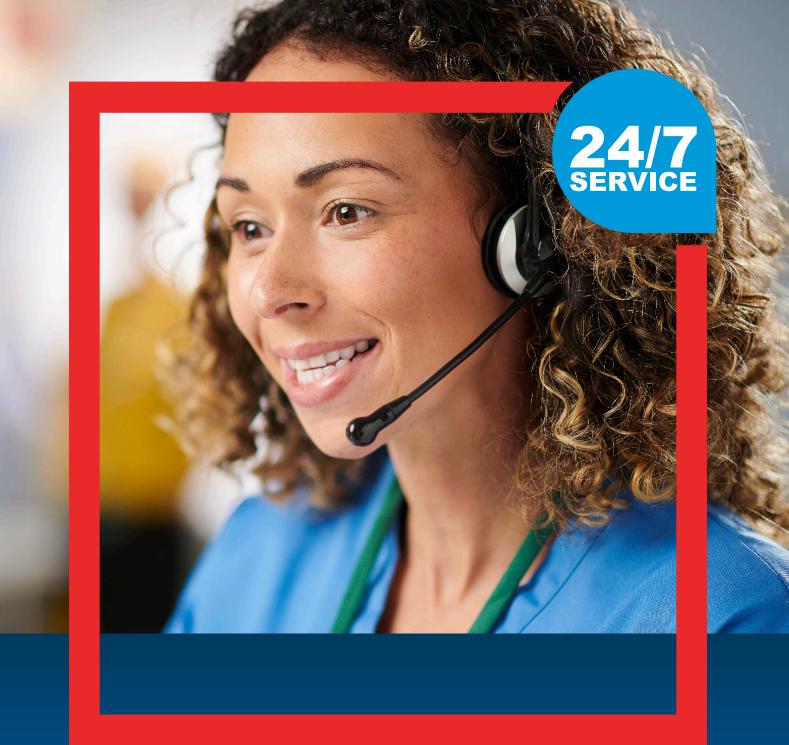
3946 Minnesota Avenue NE Washington, DC 20019 Phone: 202-469-4699

Interpretation services available: Spanish

#### **WALK-IN HOURS:**

Monday - Friday 8:00 a.m. – 9:00 p.m. Saturday 8:00 a.m. - 2:00 p.m. Sunday Closed

https://www.unityhealthcare. org/



# 24/7 Nurse Call Line

Talk to a medical professional when you can't get in touch with your primary care provider (PCP) at 1-877-759-6279 (TTY 202-216-9885 or 1-800-570-1190).

AmeriHealth Caritas District of Columbia complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

English: If you do not speak and/or read English, please call 1-800-408-7511 (TTY 1-800-570-1190), available 24 hours a day, seven days a week. A representative will assist you.

**Español**: Si no habla y/o lee inglés, llame al 1**-800-408-7511** (TTY 1**-800-570-1190**), línea disponible las 24 horas del día, los siete días de la semana. Un representante le ayudará.

**Tiếng Việt:** Nếu quý vị không nói và/hoặc đọc Tiếng Anh, vui lòng gọi **1-800-408-7511 (TTY 1-800-570-1190)**, hoạt động 24 giờ một ngày, 7 ngày một tuần. Sẽ có người đại diện hỗ trợ quý vị.

한국어: 영어를 말하거나 읽지 못하는 경우 1-800-408-7511 (TTY 1-800-570-1190)로 전화해주십시오. 연중무휴 24시간 이용 가능합니다. 담당자가 도와드릴 것입니다.

Français : Si vous n'avez pas une bonne maîtrise de l'anglais parlé et/ou écrit, veuillez appeler le 1-800-408-7511 (TTY 1-800-570-1190), disponible 24 heures sur 24, sept jours sur sept. Un représentant vous assistera.

العربية: إذا كنت لا تتحدث و/أو تقرأ اللغة الإنجليزية، يرجى الاتصال على 1-800-408-7511 (الهاتف النصي 1190-570-800-1)، وهو متاح على مدار ساعة وطوال أيام الأسبوع. سوف يساعدك ممثل.

**中文普通话:** 如果您不会用英语讲话和/或阅读,请致电 **1-800-408-7511 (TTY 1-800-570-1190)**,每周 7 天,每天 24 小时开通。将会有一名代表协助您。

Русский: Если вы не говорите и/или не читаете по-английски, позвоните по телефону 1-800-408-7511 (ТТҮ-1-800-570-1190), который доступен 24 часа в сутки, семь дней в неделю. Представитель вам поможет.

မြန်မာ - အကယ်၍ သင် အင်္ဂလိပ်စကား ပြောဆိုခြင်း နှင့် /သို့မဟုတ် ဖတ်ရှုနိုင်ခြင်း မရှိလျှင် ကျေးဇူးပြပြီး တစ်ပတ် ခုနှစ်ရက်၊ တစ်ရက်လျှင် 24 နာရီ အရှိန်ပြည့် ဆက်သွယ်နိုင်သည့် 1-800-408-7511 (TTY 1-800-570-1190) သို့ ခေါ်ဆိုပါ။ ကိုယ်စားလှယ်တစ်ဦးမှ သင့်အား ကူညီထောက်ပံ့ပေးသွားမည် ဖြစ်သည်။

中文廣東話:如果您唔識講,並且或者唔識睇英文,請致電 1-800-408-7511 (TTY 1-800-570-1190),每星期7日,每日 24 小時開通。客服專員將會協助您。

**فارسی:** اگر قادر به صحبت و یا خواندن به زبان انگلیسی نیستید، لطفا با شماره **1-800-408-7511 (1907-750-800) ک**ه 24 ساعت شبانه روز و هفت روز هفته در دسترس می باشد تماس بگیرید. یک نماینده به شماکمک خواهد کرد Polski: Jeśli nie mówisz i / lub nie czytasz po angielsku, zadzwoń pod numer 1-800-408-7511 (TTY 1-800-570-1190), dostępny 24 godziny na dobę, siedem dni w tygodniu. Przedstawiciel Państwu pomoże.

Português: Se você não fala e/ou lê Inglês, por favor ligue para 1-800-408-7511 (TTY 1-800-570-1190), disponível 24 horas por dia, sete dias por semana. Um intérprete irá ajudá-lo.

ਪੰਜਾਬੀ: ਜੇ ਤੁਸੀਂ ਹਿੰਦੀ ਬੋਲਦੇ ਅਤੇ / ਜਾਂ ਪੜ੍ਹਦੇ ਨਹੀਂ, ਕਿਰਪਾ ਕਰਕੇ 1-800-408-7511 (TTY 1-800-570-1190) 'ਤੇ ਕਾਲ ਕਰੋ, ਦਿਨ ਦੇ 24 ਘੰਟੇ, ਹਫ਼ਤੇ ਦੇ ਸੱਤ ਦਿਨ ਉਪਲਬਧ। ਇਕ ਪ੍ਰਤੀਨਿਧੀ ਤੁਹਾਡੀ ਸਹਾਇਤਾ ਕਰੇਗਾ।

Kreyòl Ayisyen: Si ou pa pale ak/oswa li anglè, tanpri rele 1-800-408-7511 (TTY 1-800-570-1190), disponib 24 èdtan pa jou, sèt jou pa semèn. Yon reprezantan pral ede ou.

हिन्दी: अगर आप हिन्दी बोलते और / या पढ़ते नहीं, कृपया 1-800-408-7511 (TTY 1-800-570-1190) पर कॉल करें, दिन के 24 घंटे, सप्ताह के सात दिन उपलब्ध। एक प्रतिनिधि आपकी सहायता करेगा।

Soomaali: Haddii aanad ku hadlin iyo/ama akhriyin Ingiriisiga, fadlan soo wac 1-800-408-7511 (TTY 1-800-570-1190), oo la heli karo 24 saacadood maalintii, todoba maalmood todobaadkii. Wakiilku wuu ku caawin karaa adiga.

**Hmoob:** Yog tias koj hais tsis tau thiab/los sis nyeem tsis tau ntawv As Kiv, thov hu rau tus xov tooj **1-800-408-7511** (**TTY 1-800-570-1190**, qhib 24 teev rau ib hnub, xya hnub rau ib vij. Tus sawv cev yuav pab koj.

Italiano: Se non parla e/o non sa leggere l'inglese, la preghiamo di chiamare l'1-800-408-7511 (TTY 1-800-570-1190), disponibile 24 ore su 24, sette giorni su sette. Le verrà prestata assistenza da un rappresentante.

**Tagalog:** Kung hindi ka nagsasalita at/o nagbabasa ng Ingles, pakitawagan ang **1-800-408-7511** (**TTY 1-800-570-1190**), na matatawagan nang **24** na oras sa isang araw, pitong araw sa isang linggo. Tutulungan ka ng isang representative.

日本語: 英語での会話や読解が不安な場合は、24時間年中無休対応の1-800-408-7511 (TTY 1-800-570-1190) までお電話ください。担当者がサポートいたします。

All images are used under license for illustrative purposes only. Any individual depicted is a model.

www.amerihealthcaritasdc.com





