



To: AmeriHealth Caritas DC Primary Care Providers

Date: December 14, 2017

Subject: Depression eLearning training module

Summary: Depression eLearning training module is now available for AmeriHealth Caritas DC providers.

Actions Needed

As part of our ongoing goal to support physical health providers in delivering integrated care, we would like to introduce our depression eLearning training module. This online training module is designed to give you an overview of depression and how to incorporate evidence-based screenings and appropriate follow-up treatment into your care for our members.

Upon successful completion of this training, you should be able to:

- Define depression.
- Recognize and screen for depression in patients.
- Measure the severity of depression using the Patient Health Questionnaire 9 (PHQ-9) for adults and the PHQ modified for adolescents (PHQ-9A).
- Identify ways to treat depression.
- Recognize the Healthcare Effectiveness Data and Information Set (HEDIS®) Antidepressant Medication Management (AMM) measure.
- Locate resources and support available from AmeriHealth Caritas DC, including our Behavioral health provider toolkit which is available on our website.

You can access the AmeriHealth Caritas DC depression eLearning training module on the Provider section of our website, under the Education and Training section in the left-hand option menu. Please let us know you have completed the training by clicking on the Attestation Form link at the end of the training and completing the brief survey.

We also want to let you know about these additional resources:

- In-person, on-site behavioral health training from a clinical educator (contact your Provider Network Management Account Executive if you are interested).
- Our Behavioral health provider toolkit.
- Anxiety disorders eLearning module (coming soon).

Questions

If you have any questions, contact your Provider Network Management Account Executive.