



AmeriHealth Caritas[™]
District of Columbia

To: AmeriHealth Caritas DC Maternal Health Providers

Date: September 1, 2023

Subject: Prenatal and Postpartum Telehealth Visits

Dear Provider:

AmeriHealth Caritas District of Columbia (DC) is aware that in-person appointments can be challenging for some patients with competing health and social priorities. Although in-person office visits are ideal, prenatal and postpartum telehealth visits can be a solution to help ensure both a prenatal and postpartum assessment is completed without burdening the patient with an in-person visit.

Please refer to the flyers below for more information on how to optimize telehealth visits for maternal health.

If you have questions about this communication, please contact your Provider Account Executive or call Provider Services at 202-408-2237.

Sincerely,
AmeriHealth Caritas DC



Optimizing the Value of **Prenatal Telehealth Visits**

In-person appointments can be challenging for some patients with competing health and social priorities. Prenatal telehealth visits can be a solution to help ensure a prenatal assessment is completed before every newborn delivery without burdening the patient with an in-person visit. Although in-person office visits are ideal, a telehealth evaluation is an alternate option that can provide access to needed care.

Any *one* of the following may be used as evidence for prenatal care:

1. Documentation indicating the patient is pregnant or references to the pregnancy.

For example:

- Documentation in a standardized prenatal flow sheet,
- Documentation of LMP, EDD or gestational age,
- A positive pregnancy test result,
- Documentation of gravidity and parity,
- Documentation of complete obstetrical history, or
- Documentation of prenatal risk assessment and counseling/education.

2. Evidence that a prenatal care procedure was performed, such as:

- Screening test in the form of an obstetric panel,
- TORCH antibody panel alone,
- A rubella antibody test/titer with an Rh incompatibility (ABO/Rh) blood typing, or
- Ultrasound of a pregnant uterus.

3. A basic physical obstetrical examination that includes:

- Auscultation for fetal heart tone,
- Pelvic exam with obstetric observations, or
- Measurement of fundus height.

Bundled prenatal visits: CPT 59400, 59425, 59426, 59510, 59610, 59618

Services provided during a telephone visit, e-visit, or virtual check-in are acceptable.

For more information, please refer to the Provider HEDIS Documentation and Coding Guidelines.

AmeriHealth Caritas District of Columbia (DC) is committed to health equity

All social determinants of health (SDOH) play an important role in maternal health! For any SDOH concerns related to our enrollees, please contact a Care Manager for assistance at 1-877-759-6883. This is a secure line where you can leave a message with your name, practice name, call back number, Enrollee name, Enrollee Medicaid number, and your concern(s). We'll take care of the rest.

Your Partners at AmeriHealth Caritas DC

Provider Network Executive: 202-408-2237 or 1-888-656-2383

Maternal Health Case Management Team: 1-877-759-6883

Quality Management: 1-855-217-2219



AmeriHealth Caritas
District of Columbia

OPTIMIZING THE VALUE OF POSTPARTUM TELEHEALTH VISITS



In-person appointments can be challenging for some patients with competing health and social priorities. Postpartum telehealth visits can be a solution to help ensure a postpartum assessment is completed after every newborn delivery without burdening the patient with an in-person visit.

Although in-person office visits are ideal, a telehealth evaluation is an alternate option that can provide access to needed care.

Any of the following may be considered postpartum care:

- Screening for depression, anxiety, tobacco use, substance use disorder, or preexisting mental health disorders
- Documentation of any of the following topics:
 - Infant care or breastfeeding
 - Resumption of intercourse, birth spacing or family planning
 - Sleep/fatigue
 - Resumption of physical activity or attainment of healthy weight
 - Evaluation of weight, BP, breast, and abdomen

Bundled postpartum visits: CPT 59400, 59410, 59510, 59515, 59610, 59614, 59618, 59622

Services provided during a telephone visit, e-visit, or virtual check-in are acceptable.

For more information, please refer to the [HEDIS Documentation and Coding Guidelines](#).

AmeriHealth Caritas District of Columbia (DC) is committed to health equity

All social determinants of health (SDOH) play an important role in maternal health, and we can help address them. For any SDOH concerns related to our enrollees, please contact a care manager for assistance at 1-877-759-6883. This is a secure line where you can leave a message with your name, practice name, call back number, enrollee name, enrollee Medicaid number, and your concern(s). We will take care of the rest.

Your Partners at AmeriHealth Caritas DC

Quality Management: 1-855-217-2219

Maternal Health Case Management: 1-877-759-6883

Provider Network: 202-408-2237