



**AmeriHealth Caritas**<sup>™</sup>  
District of Columbia

<b>To:</b>	<b>All AmeriHealth Caritas DC Maternity Care Providers</b>
<b>Date:</b>	<b>August 23, 2022</b>
<b>Subject:</b>	<b>March of Dimes Breaking Through Bias™ In Maternity Care Provider Training on October 12, 2022</b>
<b>Summary:</b>	<b><u>SAVE THE DATE!</u></b> AmeriHealth Caritas District of Columbia (DC) has partnered with the March of Dimes® to offer <i>Dismantling Bias in Maternal and Infant Healthcare™</i> provider training. <u>Providers can earn accredited CME/CNE credits upon completion of the training session.</u>

In alignment with our mission and our commitment to advancing health equity, AmeriHealth Caritas DC has partnered with the March of Dimes® to offer a unique learning opportunity: ***Dismantling Bias in Maternal and Infant Healthcare™***. AmeriHealth Caritas DC is pleased to offer this provider training at no cost to participating providers.

Maternal mortality rates in the United States continue to rise compared to other industrialized countries, and tragically, 60% of these deaths are preventable.<sup>1</sup> Disparate maternal outcomes are a result of complex and multifaceted factors that require thoughtful and effective countermeasures. Training alone won't solve this crisis, but it can provide actionable tools, awareness, education, and enriched dialogue surrounding Black maternal health as we work together toward solutions to help reduce disparities in the communities we serve.

The training will include state specific data; learning outcomes will highlight:

- Overview of implicit bias and personal assessment.
- Understand and be able to identify implicit bias, the cognitive basis that informs bias, and its impact on the maternity care setting.
- Historical overview of structural racism in the U.S.
- Application strategies to mitigate racial bias in maternity care, such as the CARES Framework™ and the practice of cultural humility.
- Strategies to build a culture of equity within an organization.

Providers will have the option to select from a virtual, instructor-led training, facilitated by March of Dimes®, or self-paced e-learning. The virtual, live instructor-led training will be hosted on **October 12, 2022**. We encourage providers interested in the live training to register early because training seats are limited and first come-first serve. The e-learning sessions will be available beginning in November 2022. **Please see registration details on the following page.**

If you have questions about this communication, please contact your Provider Account Executive or the Provider Services department at 202-408-2237.

1. <https://www.commonwealthfund.org/publications/issue-briefs/2020/nov/maternal-mortality-maternity-care-us-compared-10- countries>

**HEALTHY  
MOMS.  
STRONG  
BABIES.**



## **AWARENESS TO ACTION: DISMANTLING BIAS IN MATERNAL AND INFANT HEALTHCARE™**

Awareness to Action: Dismantling Bias in Maternal and Infant Healthcare™ provides authentic, compelling content for health care providers caring for women before, during and after pregnancy. We offer implicit bias training to increase awareness and stimulate action to address implicit bias in maternity care settings.

Training alone won't lead to immediate improvements in racial and ethnic disparities, but it can provide health care providers with important insights to recognize and remedy implicit bias. These actions can result in improved patient-provider communication, overall patient experience and quality of care and a culture shift across committed organizations towards the broader goal of achieving equity for all moms and babies.



### **LEARNING OBJECTIVES**

(1) Understand and be able to identify implicit bias, the cognitive basis that informs bias, and its impact on maternity care settings.

(2) Explain how structural racism has played a key role in shaping care settings within the U.S. and contributes to implicit biases in patient/provider encounters.

(3) Recognize one's potential for implicit bias and apply strategies, such as the CARES Framework™ and practice cultural humility, to effectively mitigate their own implicit biases.

(4) Recognize and establish a culture of equity as an organizational commitment through action planning to elevate the quality of maternity care.

**NEW DATE: October 12, 2022**

**8:00 AM - 12:00 PM ET**

Please register in advance for this session at:

<https://marchofdimes.zoom.us/meeting/register/tJclcu-qpzkuHtxRKVHjLhWvz63aaXBWFfGO>

*March of Dimes is pleased to offer AmeriHealth Caritas District of Columbia healthcare providers a unique learning opportunity to address implicit bias in maternity care.*



This session will be facilitated by an experienced March of Dimes Implicit Bias Trainer.

Questions? Please contact: [Sira Perez-Visona, SPerez-Visona@marchofdimes.org](mailto:SPerez-Visona@marchofdimes.org)

### **Accreditation Statement**

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and March of Dimes. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### **Physicians**

Amedco LLC designates this live-streaming activity for a maximum of 3.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Nurses**

Amedco LLC designates this activity for a maximum of 3.50 ANCC contact hours.



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