



AmeriHealth Caritas[™]
District of Columbia

To: AmeriHealth Caritas District of Columbia Providers

Date: October 27, 2021

Subject: **Please remind your patients to get their flu shot**

According to the Centers for Disease Control and Prevention (CDC), reducing the spread of respiratory illness is critical for protecting vulnerable populations and reducing strain on health care systems that are already overwhelmed by the COVID-19 pandemic.

Accordingly, we want to remind you that your patients who are six (6) months and older, especially those who are pregnant, should get the flu vaccine, regardless of whether they have received one of the COVID-19 vaccines.

AmeriHealth Caritas District of Columbia (DC) enrollees may go to their primary care provider or a pharmacy in our network with a photo ID and an AmeriHealth Caritas DC ID card to receive a flu shot at no cost. We are reaching out to our enrollees, and we ask that you also spread the word to your patients. **If an AmeriHealth Caritas DC enrollee does not know where to go to get their flu shot, please direct them to call our Community Outreach Solutions team at 202-216-2318.**

While everyone should get a flu shot each year, it is especially important for the following groups who are at high risk of developing serious flu-related complications, including:

- Pregnant women
- Adults 65 years old and older
- Children younger than five years old
- People of any age with certain chronic health conditions including asthma, diabetes, heart disease, cancer, and HIV/AIDS

To view the CDC's *Interim Guidance for Routine and Influenza Immunization Services During the COVID-19 Pandemic*, please visit <https://www.cdc.gov/vaccines/pandemic-guidance/index.html>.